

# SICK POLICY *and* COVID POLICY

1

## 1. How will symptoms of sickness be handled?

- All parents, children and staff on site will be screened for symptoms of covid. Screenings include temperature checks, visual checks, and answering the app's questionnaires.
- If anyone has **symptoms of Covid and/or any symptoms of sickness**, they will be temporarily excluded from the program. For Covid, they will be expected to self-quarantine as many days as licensing requires. Do NOT bring an ill child to childcare.
- In cases of a cold, virus or infection, the person must self-quarantine until symptom free without medication for a minimum of 36 hours. Do NOT bring an ill child to childcare.
- Everyone is **REQUIRED** to ADVISE OF **ACTUAL &/or POSSIBLE** illness on the daily health check report. If the answer is yes to any of the questions your child must stay home because Childcare is for well children, not ill children. **Failure to report honestly may result in immediate termination.**
- Anyone exhibiting symptoms or coming in contact with a case of Covid will be required to get tested for Covid prior to returning to this daycare.
- Families must report contact with anyone who has a case of Covid to Sarah. According to State Licensing regulations, you will be instructed to contact your Doctor **and** you must self-quarantine because you have been exposed. We are required to report symptoms to the health department who may provide further instruction to the Daycare.

## 2. How will the program practice developmentally appropriate social distancing?

- All pick up/drop off will take place quickly just inside my side door in order to comply with State and Local regulations. In case of multiple arrivals, parents are asked to text from the driveway to insure children have a quick transition.
- We do not expect children to practice social distancing. It is not developmentally appropriate to expect that they will not interact with each other and with the staff in the program.
- We are not allowing volunteers or any extra's during this time. While we don't typically have anyone joining us anyway, we are not allowing anyone to monitor or help in the program. IF a developmental screening or aid is needed, we will schedule a time for extra adults to join when we are outside and can more easily separate and distance.
- We are asking for only ONE parent to come to the door for pick up/drop off to reduce contact.
- Outside time will be increased, weather permitting. Children have more space to run and increase distance while playing outside.
- Sensory activities will be individualized, rather than group activities. There will be no sharing due to the pandemic.
- If there is more than one family picking up or dropping off at once, we are asking that the second family stay in their vehicle until the first family has returned to their car. Please stay 6+ feet away from other adults. We may contact you asking to modify pick up/drop off times slightly in order to stagger them.
- Parent's will be signed in by Sarah at drop off and pick up. Temps will be taken.

## 3. How will the program ensure hygiene?

- Parents and Children will sanitize hands upon arrival, we wash hands soon thereafter, before and after eating, after coming in from outside, and as needed (coughing, sneezing, mouthing hands, etc.). Children sing our handwashing song to help encourage washing at least 20 seconds.
- Hand sanitizer will be available for use at all times.

# SICK POLICY *and* COVID POLICY

2

- **Toys that have been mouthed will be removed** from the playing area and will be sanitized before other children are able to handle them again.
- **Daily sanitizing will increase.** Toys will be sanitized after children transition to another activity. A deeper cleaning will take place once children are outside at the end of the day or following the last pick up.
- **Windows** will be opened often to allow airflow. Fans will also run.
- **Items from home** such as blankets and sleep stuffies are okay to bring. They will be sanitized before arrival by the parent and will be sent home to be washed each Friday by you.

## 4. How will the program use safety equipment when appropriate?

- **Masks** will only be required as directed by CDC or County health departments.
- **Thermometers** are sanitized. Touchless thermometers will be utilized.

## 5. Communication protocol for reporting symptoms, test results and policies for exclusion.

- **Parents and staff members are required to report symptoms and show test results to Sarah** at (734) 652-5914 and additionally by email: [stew31@sbcglobal.net](mailto:stew31@sbcglobal.net)
- **If children, parents or staff have a temperature of 99°F or higher, their family will need to be excluded from the program until they are fever free for 36 hours, without medication.**
- **If anyone in my Family or yours has symptoms or a positive test, I will reach out to the Health Department for guidance.** This may result in the entire program being self-quarantined.

## 6. Isolation procedure.

- **If staff member(s) or child(ren) develop any of the below listed symptoms during care, ALL Families will be contacted and will need to pick their children up within 30 minutes.** During this time, individuals with symptoms will be separated until pick up and will wear a mask if appropriate.

## 7. How to maintain required staff to child ratios in the event that staff members become ill.

- **Staff will put on a mask** if they are the only caregiver present and they begin to show symptoms. They will also need to do their best to remain distant while supervising children. The mask must stay on until all children are picked up.

## 8. Other things to note:

- All Families will need to have a note from their care provider before returning to daycare. I will be consulting with State Licensing and the County who will direct my actions as they see fit.

# SICK POLICY *and* COVID POLICY

3

**Daily Questions to ask yourself BEFORE bringing your child.**  
**No Adult shall attempt to admit children with any of the following:**

At any time in the past 3 days have you, a family member, or your child had **ANY** of the following? If so, you **MUST** self-quarantine until at least 36hrs after all medication has stopped.

Have you, your child or anyone in your home been in contact with any person who **has** Covid AND/OR with any person who **suspects they have** Covid?

Have you, your child, or anyone in your home felt unwell over the weekend?

Coughed or sneezed 3 or more times in a day?

Congested throat? Sore Throat?

Runny nose? Congested nose? (this includes clear, yellowish & greenish mucus)

A cold? A virus? A Bug?

Temperature at or above 99?

Fatigue, lethargy, unusual irritability?

Diarrhea?

Nausea?

Abdominal pain?

Headache?

Vomiting?

A rash?

Red eyes?

Loss of smell/taste?

Muscle Aches?

Difficulty breathing, Congested breathing?

**What looks like a common illness to you may be very contagious to others:**  
**Being well does NOT include a congested or runny nose, sneezing or coughing!**

# SICK POLICY *and* COVID POLICY

4

**NOTE: A doctor's note will NOT supersede these policies. IF your child is ill, they must be kept home until ALL symptoms have left their bodies.**

I have read and do agree that by bringing my child to this daycare, I am aware I could expose myself and/or my children/family to a person who is asymptomatic or who may, or may not, have come in contact with Covid. I hereby choose to hold Circle of Love Daycare, LLC harmless from all responsibility for exposure should I, my family, and/or my child(ren) be exposed to Covid by someone in contact with the daycare, so long as the Daycare exercises due diligence in adherence to this Preparedness and Response Plan.

\_\_\_\_\_  
Mother Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Father Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Provider Signature

\_\_\_\_\_  
Date

A way to keep your child's immunities well able to defeat ALL forms of sickness is to follow these protocols:

- 1) I highly recommend a vitamin you can get on amazon: "Mykind Organics Kids Gummy Multivitamin" (made by Garden of Life). You can also visit Zerbos (on Plymouth & Stark). Ask their vitamin specialist what's the best children's vitamin for strong immunities. DO NOT think vitamins sold by Walmart, or local chain Drug stores are worth your money, they're not and are a big waste of money. Do a study and you'll find the truth.
- 2) Give your child a daily dose of all natural Elderberry Dry Mix (you mix in water) from August through May. Here is a link to get it and it lasts a couple of seasons and is well worth it's price because your child's strong immunities means less time off work for you: <https://www.alexelderberries.com>